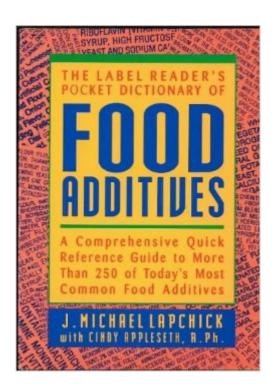
# The book was found

# The Label Reader's Pocket Dictionary Of Food Additives: A Comprehensive Quick Reference Guide To More Than 250 Of Today's Most Common Food Additives





# **Synopsis**

Here's the first quick reference guide to more than 250 of today's most common additives--found in just about everything we eat--in an easy-to-read dictionary format.

## **Book Information**

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### **Customer Reviews**

This dictionary should be an essential part of every food allergic individual's home library. Simple, concise, and complete definitions assist in the indentifaction of possible hidden allergic ingredients. A great companion to take the supermarket for verifying source of unknown ingredients.

I wanted a simple reference guide to take with me when I go shopping. I'm not, by any means, a fanatic about this stuff, but I want to be careful about what I feed my family. This book did the trick. It's tiny and fits in my purse and gives a brief description of the entries and a graphic symbol that make my decision quick and easy. If I have more questions about an item, there are plenty of great books out there with more in-depth answers. I use it all the time.

Small enough to take with you to the store, yet full of info which is understandable. I keep it in my spice cabinet. One of the greatest books I've picked up.

this book lets you know what is harmful to you and its great helps you decide whats not good for you Download to continue reading... The Label Reader's Pocket Dictionary of Food Additives: A Comprehensive Quick Reference Guide to More Than 250 of Today's Most Common Food Additives FBA: Beginner's Guide, Private Label & Launch Your Own Product (Private Label, How to Sell on , Selling on , Fulfillment By ,eBay,Etsy,Dropshipping) (Volume 1) A Consumer's Dictionary of Food Additives, 7th Edition: Descriptions in Plain English of More Than 12,000 Ingredients Both Harmful and Desirable Found in Foods The Complete Medicinal Herbal: A Practical Guide to the Healing Properties of Herbs, with More Than 250 Remedies for Common Ailments Common Core Math 4 Today, Grade 5 (Common Core 4 Today) Common Core Science 4 Today, Grade 4: Daily Skill Practice (Common Core 4 Today) Common Core Math 4 Today, Grade K: Daily Skill Practice (Common Core 4 Today) Common Core Language Arts 4 Today, Grade 1: Daily Skill Practice (Common Core 4 Today) Common Core Kindergarten 4 Today: Daily Skill Practice (Common Core 4 Today) Common Core Science 4 Today, Grade 5: Daily Skill Practice (Common Core 4 Today) Common Core Math 4 Today, Grade 3: Daily Skill Practice (Common Core 4 Today) Common Core Science 4 Today, Grade 3: Daily Skill Practice (Common Core 4 Today) Common Core Science 4 Today, Grade 2: Daily Skill Practice (Common Core 4 Today) Common Core Fourth Grade 4 Today: Daily Skill Pracitce (Common Core 4 Today) MySQL Pocket Reference: SQL Statements, Functions and Utilities and more (Pocket Reference (O'Reilly)) The FODMAP Navigator: Low-FODMAP Diet charts with ratings of more than 500 foods, food additives and prebiotics New England Waterfalls: A Guide to More Than 400 Cascades and Waterfalls (Second Edition) (New England Waterfalls: A Guide to More Than 200 Cascades & Waterfalls) National Geographic Global Atlas: A Comprehensive Picture of the World Today With More Than 300 New Maps, Infographics, and Illustrations Polish: Learn Polish Bundle 2-1 (Polish: Learn Polish in a Week! & Polish: 95 Most Common Phrases & 1000 Most Common Words): Polish Language for Beginners (Learn Polish, Polish, Polish Learning) Handbook of Pharmaceutical Additives: An International Guide to More Than 6000 Products by Trade Name, Chemical, Function, and Manufacturer

**Dmca**